

People Living with Long Term Conditions

At Crystal Peaks Medical Centre, we aim to provide high quality proactive care to our patients living with long term conditions.

Living with diabetes?

Below are some links to relevant pages/ leaflets which you may find useful if you are living with diabetes:

Insulin Passport

[Your Diabetes - The Adult Insulin Passport](#)

Diabetes UK Leaflet

www.diabetes.org.uk/Documents/Guide%20to%20diabetes/monitoring/Ten-tips-healthy-feet.0212.pdf

Fitness to Drive

<http://patient.info/doctor/fitness-to-drive>

Living with chronic kidney disease?

Below are some links to relevant pages/ leaflets which you may find useful if you are living with chronic kidney disease:

Chronic Kidney Disease

www.nhs.uk/Conditions/Kidney-disease-chronic/Pages/living-with.aspx

National Kidney Federation

www.kidney.org.uk

Living with COPD/ asthma?

Below are some links to relevant pages/ leaflets which you may find useful if you are living with COPD or asthma:

Asthma UK

www.asthma.org.uk/advice/inhalers-medicines-treatments/inhalers-and-spacers/reliever/

British Lung Foundation

www.blf.org.uk/

Global Initiative for COPD

www.goldcopd.org/

Asthma UK Health Advice

www.asthma.org.uk/advice/

Breathe Easy Sheffield Support Group

www.blf.org.uk/support-in-your-area/breathe-easy-sheffield-support-group

Itchy Sneezzy Wheezy

www.itchysneezzywheezy.co.uk

Living with coronary heart disease?

Below are some links to relevant pages/ leaflets which you may find useful if you are living with coronary heart disease:

Coronary Heart Disease

www.nhs.uk/Conditions/Coronary-heart-disease/Pages/Introduction.aspx

British Heart Foundation

www.bhf.org.uk/heart-health/conditions/coronary-heart-disease

Living with cancer?

Below are some links to relevant pages/ leaflets which you may find useful if you are living with cancer:

Macmillan Cancer Support

www.macmillan.org.uk/information-and-support/coping/getting-support/talking-to-us/index.html?gclid=CO_K9dyOw8sCFVTNGwodT_QEGA

Cancer Research UK

www.cancerresearchuk.org/about-cancer/coping-with-cancer/